

Nicole Swaggerty-Valdes, Ph.D. completed her undergraduate work at the University of Florida and earned a Ph.D. in Clinical Psychology with a specialization in serious mental illness from Nova Southeastern University. She obtained her training experience at Memorial Regional Hospital's Behavioral Health Center, GeoCare/South Florida State Hospital, and as a postdoctoral resident at Citrus Health Network's Statewide Inpatient Psychiatric Program. Training in these acute settings has prepared Dr. Swaggerty-Valdes to help clients cope with the most difficult and complex struggles. She serves as an adjunct faculty member and intensive supervisor for Nova Southeastern University's doctoral program.

Dr. Swaggerty-Valdes is a licensed clinical psychologist who provides individual therapy to adolescents and adults with a wide variety of problems ranging from developmental issues related to change or life transitions to more enduring conditions such as bipolar disorder. Her approach depends upon the needs of the client as some individuals require brief solution-focused interventions while others benefit from a more in-depth exploration of their problems. Additionally, Dr. Swaggerty-Valdes provides family therapy and conducts personality, intellectual, and academic assessments for adults and children.