

**Dana Zuskin, M.S., Registered Intern** earned her B.A. in Psychology from the University of Miami. While there, she also travelled to Australia for focused studies on emotional intelligence and coping strategies for depression with a particular emphasis on cancer patients. She obtained her Master's degree in Mental Health Counseling from Florida Atlantic University after completing a practicum/internship at the Center for Group Counseling in Boca Raton, working with a variety of individuals, couples and families, and led counseling groups for individuals dealing with separation and divorce.

Dana utilizes an integrative approach with clients and tailors this approach to the individual. Underlying her work is the general premise that people are uniquely shaped by their early relationships -- especially family relationships -- and subsequent life experiences. She values each client and acknowledges each individual's distinctive struggles, strengths, and life choices. She always strives to provide a safe, encouraging, and respectful environment where those committed to therapy are able to find solutions that best fit their lifestyle.

Dana specializes in life transitions including: adolescent stages, going off to college, international students, adjusting to the workforce, relationship issues, getting married and having children. She also enjoys working with couples on pre and post-marital issues, people suffering from depression and anxiety; identity and trauma issues, and career/academic concerns.

She considers it an honor and privilege to assist people in attaining their goals through counseling.